

SOUTH BAY JUDO

NEWSLETTER

AUGUST | 2026 | www.southbayjudo.com

What's happening this month!

August 8th : Annual Summer Picnic!
Join us at De Portola Park from 12:30pm to 4:00pm for a fun afternoon with food, games, prizes, and great company! RSVP HERE! Please RSVP by August 2, 2026.

August 9th : Nikkei Games Budo Tournament
Long Beach Pyramid (Cal State Long Beach)

Important club dates

Aug 6th : Senior Shiai and Promotions. This will be held during the expected time for the 3rd class. Please do not be late!

Aug 11th : Junior Shiai and Promotions/End of Summer Session!

Please review the schedule below to ensure students arrive on time for the in-house shiai!

- **5:00pm to 5:30pm** - Tournament set up
- **5:30pm to 5:45pm** - Warmups and rules demonstration
- **5:45pm to 7:45pm** - Shiai and promotions
- **7:45pm** - Clean up and refreshments

If you are not planning to compete in the shiai, please wear your gi for photos if you are receiving a promotion!

Aug 18th : Start of the 4th Quarter Fall Session!
Please register HERE. We look forward to seeing everyone back for the Fall!

If you have any questions, please feel free to speak with Sensei Milton. You can email him at instructors@southbayjudo.com or call/text him at (310)995-6991.

WhatsApp Group

If you would like to be informed about additional practices and tournament updates, please reach out to Sensei Milton about joining our whatsapp group!

What is a Shiai?

Our In-House Shiai serves as a fun and welcoming introduction to tournament-style randori. During these friendly matches, students put their training into practice by attempting to throw or pin one another using the techniques they've learned in class. It's a great opportunity to gain experience, build confidence, and enjoy the spirit of friendly competition.

Students are matched with opponents based on their age, size, and judo experience to help ensure fair and enjoyable matches. We encourage every child to participate, it's a great opportunity to gain experience, build confidence, and have fun. Participants will also have the chance to earn a medal!

"Building Character - Honor - Respect"
Helping to Strengthen the South Bay Community!
South Bay Judo is a Non-Profit Charitable 501-C-3 (DLN #17053-063-77700-6)
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Building More Than Champions at SBJ

We were very fortunate to welcome Anzu Yamamoto Sensei to South Bay Judo for a special clinic. Yamamoto Sensei competed for Japan primarily in the -57 kg division before later moving to -63 kg, earning an impressive list of accomplishments, including:

- 🥇 Junior World Championships (2010, 2011)
- 🥇 Asian Championships (2012, 2014)
- 🥇 Multiple IJF Grand Slam titles
- 🥇 Three All-Japan National Championships

It was a true privilege to host such a highly accomplished judoka. Our students had the unique opportunity to learn directly from an athlete who has competed at the highest levels of international judo. Yamamoto Sensei generously shared her knowledge, technical expertise, and insights from years of elite competition, making the clinic both educational and inspiring for judoka of all ages and experience levels.

A special thank you to Matsutani Sensei and Kimono Fighters for sponsoring this clinic and making it possible for Yamamoto Sensei to visit South Bay Judo. We are incredibly grateful for their continued support in providing opportunities like this for our club and look forward to welcoming more world-class clinicians in the future.





Big Accomplishments!

July 11th and 12th - Enzo represented South Bay Judo as our lone competitor at the USJF Summer Nationals.

Competing in a challenging six-person division, Enzo faced opponents who were taller, stronger, and appeared to have more experience. Despite the tough competition, he fought with determination and won every match in the winner's bracket, earning his place in the championship match.

Because this was a true double-elimination tournament, Enzo then faced the winner of the loser's bracket for the gold medal. He gave it everything he had in an exciting final match but came up just short, earning a well-deserved silver medal and a 2nd place finish.

Congratulations, Enzo, on an outstanding performance! Your hard work, perseverance, and determination continue to make the South Bay Judo family proud. We can't wait to see what you accomplish next! Big thank you to Sensei Milton and Sensei Shane for coaching!



